

# *Treasures of* Southeast Asia



FEATURING THE  
**EASTERN & ORIENTAL EXPRESS**

SPONSORED BY



York University  
October 8-23, 2025  
Other dates available upon request

## Dear Alumni and Friends,

Join an enthralling 12-night adventure through Singapore, Malaysia, Thailand and Cambodia, extraordinary destinations blessed with long histories and diverse cultures. From modern Singapore and lush Malaysia to vibrant Bangkok and the towering Angkor temples of Siem Reap, you will witness a wealth of relics across Southeast Asia.

Begin your memorable journey by exploring dazzling, multi-cultural Singapore. Then, board the elegant Eastern & Oriental Express train to embark upon "The Golden Age of Travel" for 3-nights as you ride through Malaysia's verdant landscapes and serene rice paddies. Alight the train to visit Taman Negara National Park as well as Penang Island, where you'll choose from immersive, included excursions. Return to Singapore and fly to Bangkok to discover ancient temples, exotic sights and bustling waterways; and walk through a bygone era along the streets of Ayutthaya, Thailand's ancient capital city.

The adventure continues in Cambodia, where you'll encounter the unforgettable site of Angkor's moss-covered ruins. Along the way, learn to cook traditional rice noodles and dumplings and meet friendly locals eager to share their daily lives with you. This unparalleled sojourn will connect you to Southeast Asia's authentic culture!

Our carefully planned itinerary combines the security, ease and value of group travel with opportunities for independent exploration. Space on this exclusive program is limited, and the trip is sure to sell out quickly, so make your reservations today!

Sincerely,



Melanie McLean  
Alumni Engagement, York University  
mcleanm@yorku.ca

P.S. Visit the Sustainable Travel and York U section to learn about the York U carbon off-set matching program.

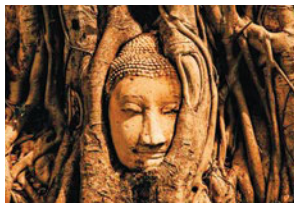
*Please note: The York U Educational Travel Program welcomes York U alumni, their family, and friends. Programs are not exclusive to York U; and may include travellers from other alumni associations or educational organizations.*

*Your personal information remains confidential and is not released to our travel partners. If you prefer not to receive future mailings, please email [alumni@yorku.ca](mailto:alumni@yorku.ca).*

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### UNESCO World Heritage

1. **Angkor**, Cambodia
2. **Historic City of Ayutthaya**, Thailand
3. **George Town, Historic City of the Straits of Malacca**, Malaysia



Ayutthaya



Angkor



# A World of Discovery



Your next adventure begins in Southeast Asia, where grandeur abounds. Tap into the pulse of this fascinating corner of the globe, a fusion of age-old traditions and modern life. From multi-cultural Singapore and lush Malaysia to irresistible Bangkok and impressive Angkor Wat, you'll stand in awe of centuries-old temples and shimmering palaces, glorious scenery and jungle-shrouded ruins. This specially crafted program brims with wonder!

*Top: Supertrees at Gardens by the Bay, Singapore  
Above: Eastern & Oriental Express hospitality  
Cover: E&OE winding through the landscapes of Malaysia  
Mail panel: Angkor Wat | Chao Phraya River, Bangkok*

## Inspiring Moments



- Delight in the **glories of Southeast Asia**, a medley of energetic cities, stunning landscapes and ancient ruins.
- Stroll through a remarkable floral oasis at **Singapore's Gardens by the Bay**.
- Revel in the Golden Age of Travel aboard the iconic **Eastern & Oriental Express** through verdant Malaysia.
- Marvel at the ancient temples and complexes of **Angkor Wat, Ta Prohm** and **Angkor Thom**.
- **Cruise the legendary Chao Phraya River** and ride a tuk-tuk to experience traditional Thai life up close.
- **Thrill to a Cambodian Circus** cultural performance of acrobatics.
- Savor the tantalizing flavors of **Southeast Asia's renowned food culture**.
- Experience three **UNESCO World Heritage sites**.



Merlion Park, Singapore

**Days 1 & 2 | In Transit**

Depart gateway city for Singapore.   
Cross the international date line.

**Day 3 | Singapore**

Arrive in Singapore, transfer  and check in to the Shangri-La Singapore. Meet your fellow travelers at a Welcome Reception tonight.

**Day 4 | Singapore**

**Enrichment: Contemporary Singapore.**

**Singapore Highlights.** On a panoramic tour, admire views of the city skyline and Marina Bay, and see the iconic, mythical Merlion at Merlion Park. In the Civic District, see the Padang, City Hall and the Singapore Cricket Club. Then, visit Thian Hock Keng Temple, one of Singapore's most important Hokkien temples. Sample popular Singaporean dishes at lunch.

**Multicultural Singapore.** Uncover Singapore's diverse cultures. Explore the Malay enclave of Kampong Glam, with its golden-domed Sultan Mosque. Stroll Little India's exotic spice markets and Chinatown's lovingly restored shophouses.

**Day 5 | Singapore**

 **AHI Connects | Peranakan Heritage.** Travel to a local enclave to learn how to make Chinese dumplings and admire traditional beadwork and embroidery with your local Peranakan hosts.

**Free Time:** Enjoy lunch and free time at leisure.

**Gardens by the Bay.** Discover this landmark oasis of floral features and garden artistry. See the iconic Supertrees, stroll the Flower Dome, the world's largest glass greenhouse, and discover Cloud Forest's unique aerial walkways.

**Day 6 | Singapore | Malaysia**

**Stunning Malaysia.** Travel aboard the elegant carriages of the Eastern & Oriental Express to wind through exotic Malaysia. Gaze upon the lush landscape as it unfolds before you, alight for enriching excursions and savor onboard afternoon tea, fine dining and entertainment.

**Day 7 | Malaysia | Marapoh**

**Taman Negara National Park.** Marvel at rural villages and Malaysia's verdant countryside en route to one of the oldest tropical rain forests in the world. Amid the dense jungle, mountains and rivers, interact with local villagers engaged in the Save Wild Tigers conservation efforts.

**Evening Entertainment.** Relish dinner and live entertainment in the Piano Bar Car tonight.

**Day 8 | Malaysia | Penang Island**

-  **PYJ | Choose one of these excursions:**
- **George Town Old Quarter.** Take a guided tour of this colonial town to admire architecture, temples, and an opera and puppet house.

Great hornbill, Taman Negara National Park





- **Peranakan Cooking Discovery.** Prepare local dishes in a hands-on cooking class.
- **Independent Exploration.** Explore the area with a map, trishaw driver and guide.

#### Day 9 | Malaysia | Bangkok, Thailand

Disembark the E&OE, transfer 🚗 and fly ✈️ to Bangkok. Check in to the Peninsula Bangkok.

**Chao Phraya River Cruise.** Enjoy an evening cruise aboard a converted rice barge to take in Bangkok's illustrious landmarks, while savoring cocktails and dinner amid the sparkling lights.

#### Day 10 | Bangkok

**Enrichment: Thailand's History & Culture.**

**Bangkok Highlights.** Board a private boat to cruise the river and canal past homes, temples and a local market en route to visit the Grand Palace and the 15th-century Emerald Buddha Temple. Then, take a tuk-tuk ride to Wat Pho to witness the tranquil reclining Buddha.

Experience lunch at the famed Blue Elephant.

🕒 **Elective | Sala Rim Naam.** Join an evening immersed in Thai culture to experience a Thai dance show and a dinner of classic dishes.

Bang Pa-In Palace



#### Day 11 | Bangkok | Ayutthaya

**Ayutthaya.** Travel to the Bang Pa-In Palace, a summer residence for the kings of Thailand. Then, continue to the ancient city of Ayutthaya, the capital of Thailand from 1350 to 1767, to stand in awe before the magnificent ruins of timeworn Buddhas and towering wats. Cruise back to Bangkok, viewing Thai river life as you and enjoy a delicious lunch on board.

#### Day 12 | Siem Reap, Cambodia

Transfer 🚗 and fly ✈️ to Siem Reap. Check in to the Sofitel Angkor Phokeethra Resort.

**Siem Reap.** Get to know this quaint provincial capital on a tuk-tuk ride. Step into an art and dance center to see local artisans perform.

**Enrichment: Temples of Angkor.**

#### Day 13 | Siem Reap

**Discover Angkor Wat.** Visit the 12th-century jewel of Angkor Archaeological Park. Take a guided visit and admire *apsara* carvings and reflective pools, and explore the gallery of bas-relief murals, the finest in Khmer art. Immerse yourself in a world long forgotten!

Ta Prohm





## Included Features

### Accommodations (with baggage handling)

- **3 nights** in Singapore at the deluxe Shangri-La Singapore.
- **3 nights** aboard the deluxe Eastern & Oriental Express train, Malaysia.
- **3 nights** in Bangkok, Thailand, at the deluxe Peninsula Bangkok.
- **3 nights** in Siem Reap, Cambodia, at the deluxe Sofitel Angkor Phokeethra Golf and Spa Resort.

### Transfers (with baggage handling)

- Flights to Bangkok and Siem Reap and all deluxe motor coach transfers in the Land Program.

### Extensive Meal Program

- 12 breakfasts, 7 lunches and 5 dinners, including a Farewell Dinner; tea or coffee with all meals, plus wine with dinner.

### Your One-of-a-Kind Journey

- **Small group:** Sized just right at 28 guests.
- **Enrichment by expert speakers** enhances your insight into the region.
- **Engaging excursions** showcase the local culture, heritage and history.
- **Personalize Your Journey | PYJ |** A choice of excursions in selected locales.
- **Electives** and free time to pursue your individual interests.
- **AHI Connects:** Local immersion.
- A Welcome Reception to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.
- **AHI Sustainability Promise:** We strive to make a positive impact wherever we travel.

*Emerald Buddha Temple, Bangkok*



**AHI Connects | Local Life.** Engage with a Cambodian family while making rice noodles.

**Free Time:** Enjoy leisure time in Siem Reap.

**Cambodian Circus.** Delight in a cultural show of dance, acrobatics and stories of the Khmer.

### Day 14 | Siem Reap

**Angkor's Temples.** Explore more history at Angkor Thom, the last capital of the Khmer Empire. Note the amazing Bayon Temple. Its 54 towers feature carvings of more than 200 smiling faces. Continue along jungle-claimed paths to the haunting temples of Ta Prohm. Here, the roots of massive kapok trees have overtaken the buildings. Next, see exquisite carvings at the restored Thommanon temple.

**Free Time:** Make your own schedule for your final afternoon at leisure in Siem Reap. Gather for a Farewell Dinner and lively event featuring Khmer classical dance and music.

### Days 15 & 16 | In Transit

Transfer to the airport for the return flight to your gateway city. Depending on individual flight itineraries, passengers will arrive in North America on Day 15 or Day 16.

Note: Itinerary may change due to local conditions.

Flights and transfers included for AHI FlexAir participants.

Elective experiences available at an additional cost.

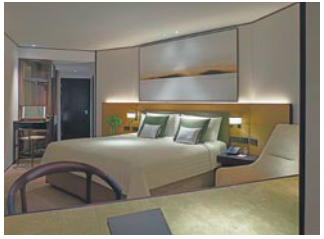
### Note About Activity Levels

We have designated activity levels for all excursions on this program. For more details, please call or visit our website.

#### Excursions on this itinerary require:

- walking on cobblestones, unpaved paths and/or uneven surfaces
- getting on/off motor coaches and boats

## Accommodations



**Shangri-La Singapore** | Singapore



**The Peninsula Bangkok** | Bangkok, Thailand



**Sofitel Angkor Phokeethra Golf & Spa Resort** | Siem Reap, Cambodia



Tripadvisor

*Angkor Thom*



# Reserve your trip today!

To book your journey,  
please call our AHI Travel Experts  
at **416-736-2100** or  
visit **york.ahitravel.com**.

## Program Dates

### Travel dates ✈

**October 8-23, 2025**

✈ Travel dates include any overnights required for international travel. These dates may vary depending on air schedules.

### Tour dates\*

**October 10-22, 2025**

\* Tour dates begin on the scheduled arrival date at your destination and end on the scheduled departure date from your destination.

## Land Program

| Category               | Full Price | Early Booking Special Price* |
|------------------------|------------|------------------------------|
| P-Pullman (62 sq. ft.) | \$9,540    | <b>\$8,790</b>               |
| S-State (84 sq. ft.)   | \$11,640   | <b>\$10,890</b>              |

**Early Booking Special Price includes \$750 special savings.**

\*Early Booking Special Price valid if booked by date on address panel and paid in full at booking. If you pay only your deposit by early booking date, you still save \$250 per person.

Price includes applicable program taxes (such as VAT and port charges).

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Special offers, promotions and discounts cannot be combined.

The Pullman category single supplement is an additional \$4,995.

The State category single supplement is an additional \$6,495.

There is a limited availability for all single accommodations.

**Please note:** Program-specific terms and conditions are available at <https://york.ahitravel.com/destinations/1898A?schoold=713>. You can also request a copy from our travel experts. Any payment to AHI Travel constitutes your acceptance of the terms and conditions set out therein, including but not limited to the cancellation terms.

## AHI FlexAir

### Let us arrange your flights

**Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:**

- **price guarantee** to protect you from fuel surcharge increases after ticket purchase
- arrival and departure **transfers** on group dates
- **flexibility** to change or cancel your reservation before departure on most flights (Fees may apply).
- **assistance** in the event of schedule changes or delays



## EASTERN & ORIENTAL EXPRESS

Board the elegant green-and-gold carriages of the Eastern & Oriental Express to experience the Golden Age of Travel as you wind through one of the lushest, most exotic landscapes in the world. The E&OE offers a luxurious experience complemented by an unparalleled encounter in alluring Southeast Asia.

Elegance and attention to detail make riding the E&OE an unforgettable treat. Orchids and frangipani flowers perfume the air. Stewards deliver freshly baked croissants and delicately carved local fruits at sunrise. Feel like you are dining in one of the world's top restaurants when you take your seat in the lavish dining car, enveloped in rosewood paneling. Relish refined service and gourmet meals prepared with the freshest ingredients, and partake in the lovely afternoon tea served while onboard.

Be awed by the golden, ethereal sunsets as you relax in the open-air Observation Car and sip a Shanghai Express while the pianist plays your old favorites in the piano bar.



## AHI Travel Expertise



From your reservation to your return home, we are here to ensure you have the adventure of a lifetime.

### *Before you go:*

**Travel Consultants** stand ready to answer your questions as they guide you through the reservation process.

**Travel & Air Coordinators** each offer their personalized assistance with flights, electives and special requests.

**Travel Information** provides pre-departure details and enrichment about your destination.

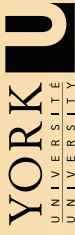
### *Once you arrive:*

**Your Travel Director**, a seasoned, multilingual professional, manages daily logistics so you enjoy a seamless experience.

**Handpicked Expert Guides** offer fascinating insights and share their passion for their country with you.

**Knowledgeable Lecturers** deepen your appreciation for the region and its history, culture and current events.





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## Uncover the awe-inspiring wonders of Southeast Asia!

**AHI Travel's** mission is to deliver inspirational, educational and cultural programs that delight travelers.

**With AHI you can rely on:**

- Experienced Travel Directors who attend to every detail of your journey.
- An exceptional travel value.
- Unique access to local sites.
- Flexibility and customization.
- Safety and security.



**Please call or refer to  
our website for the  
most current program  
information, discounts  
and pricing.**

