

Dutch Waterways



**NO SINGLE
SUPPLEMENT**
for Solo
Travelers

AMSTERDAM TO ANTWERP

SPONSORED BY

Tufts | Travel-Learn
UNIVERSITY

April 18-26, 2027

*Accompanied by Bergstrom Foundation Professor
of Global Nutrition at the Friedman School
of Nutrition Science and Policy at Tufts*



Dr. Sean Cash,
*Bergstrom Foundation
Professor of Global
Nutrition at the Friedman
School of Nutrition
Science and Policy*

Dr. Sean Cash is the Bergstrom Foundation Professor of Global Nutrition at the Friedman School of Nutrition Science and Policy at Tufts, where he chairs the Division of Agriculture, Food and Environment. He is an economist who teaches and conducts research on food policy, nutrition behavior, agriculture and the environment. He has previously worked in the Rhine River area, and has also served as a faculty host for past trips to the Rhine River as well as Scotland, Iceland, and the Canadian Rockies. Dr. Cash will present on topics on food policy and production in Europe.

Dear Alumni, Parents, and Friends of Tufts,

There's much to discover on this wonderful, seven-night cruise through the Netherlands and Belgium! Unpack once aboard your first-class ship and then delight in the remarkable riches of their most historic cities and towns! Take in Amsterdam's gabled canal houses, gorgeous flowers in a stunning garden and the Old-World ambience of Bruges and Antwerp. Other ports of call introduce you to Enkhuizen, a splendid Dutch Golden Age city, and Veere, a laid-back harbor town.

You'll also choose excursions that speak to you in selected ports. Take in Enkhuizen's stately landmarks on foot and see history come alive at the Zuiderzee Museum; tour the picture-perfect, 17th-century port town of Hoor; or bike through the West Frisian countryside. See The Hague and the Mauritshuis' celebrated masterpieces; watch artisans at the Royal Delft porcelain factory; or sample farm-fresh cheeses in Gouda. In Bruges, visit a chocolaterie, discover the beer culture or view fine Belgian art.

This thoughtfully designed journey features enrichment from expert guides and lecturers, along with the security and ease of group travel. Plus, you'll appreciate the camaraderie of other curious travelers and make your own discoveries during free time.

Our Dutch Waterways cruise has always proven to be a crowd-pleaser! Guarantee your spot by making your reservation today! Please join us again or renew your connection to Tufts. As always, family members and friends are welcome to join as members of the Tufts "family." Share the experience of Travel-Learn!

Cheers,

Mary Ann Hunt
Director of Lifelong Learning
and Travel-Learn Program

Paige Mellman
Assistant Director of Lifelong
Learning and Travel-Learn Program

Office of Alumni Engagement
Email: Travel-learn@Tufts.edu
go.tufts.edu/travel_learn

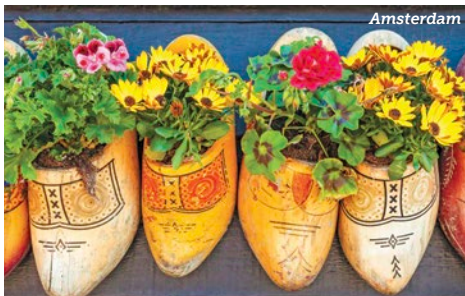
@tuftsalumni

@tuftsalumni

#TuftsTravelLearn

UNESCO World Heritage

1. **The 17th-Century Canal Ring Area of Amsterdam inside the Singelgracht, Netherlands**
2. **Historic Center of Bruges, Belgium**
3. **Belfries of Belgium and France**



On this program, we expect a Tufts faculty host to join you to present lectures and lead discussions. However, if due to low enrollment it is not possible to send a Tufts lecturer along, please be assured that our partners at AHI Travel share our belief that travel should provide an opportunity to learn about the world around us in a deep and meaningful way. We are confident that they will provide you the learning opportunities we know our travelers cherish.

The decision to return to travel is a personal one. Please consider your own comfort level and if you will enjoy yourself while traveling. We look forward to welcoming you back and want you to have the pleasant, rich experience we know traveling the world can be!



Discovery begins here



Embark on a carefree cruise brimming with Old World charm and history along the intimate waterways of the Netherlands and Belgium! You'll glide down Amsterdam's iconic canals, stroll amid a sea of brilliant tulips at Keukenhof Gardens and bask in the medieval character of Bruges and Antwerp. Discover enriching details from expert guides and lecturers during your travels, plus choose from included cultural and culinary experiences in selected ports!

Top: Keukenhof Gardens | Above: Amsterdam
Cover: Amsterdam
Mail panel: Enkhuizen | Binnenhof, The Hague

Inspiring Moments



- Glide along **Amsterdam's picturesque canals** past charming gabled houses from the Dutch Golden Age.
- Marvel at the **glorious springtime display of tulips** and other cheerful blooms at Keukenhof Gardens.
- Delight in the romantic ambience of **canal-lined Bruges**, packed with wonderful Gothic architecture.
- Admire **Antwerp's medieval treasures** in the colorful old town.
- Take in the historic beauty of **Enkhuizen** along the shore of IJsselmeer.
- Enjoy the relaxed pace of life in the seaside harbor town of **Veere**.
- Experience three **UNESCO World Heritage Sites**.



Delft porcelain



Delft

Day 1 | In Transit

Depart your gateway city for Amsterdam, Netherlands. 🌐

Day 2 | Amsterdam, Netherlands

Upon arrival, transfer ➡ to the ship at the pier.

Enrichment: *Contemporary Netherlands.*

Canals of Amsterdam. On a guided cruise, get delightful perspectives of this vibrant city, famed for more than 60 miles of leafy canals. The ship moors overnight in Amsterdam.

Day 3 | Amsterdam

Keukenhof Gardens. Revel in the enchanting beauty of this 80-acre garden overflowing with tulips, hyacinths, daffodils and other blooms. Savor lunch on board with your fellow travelers.

Free Time: Explore Amsterdam independently. Gather for a Welcome Reception and Dinner.

Day 4 | Enkhuizen • Hoorn

Arrive in Enkhuizen on the banks of the IJssel, the Netherlands' largest man-made lake.

🌐PYJ | Choose one of these excursions:

- **Enkhuizen Walking Tour & Zuiderzee Museum.** See Enkhuizen's stately landmarks from the Dutch Golden Age, and learn about daily life by the sea at Zuiderzee's recreated village of more than 140 historic buildings.
- **Historic Hoorn Walking Tour.** Hoorn was a major Dutch East India Company port in the 17th century, where ships arrived from around the world with valuable cargo such as pepper, nutmeg and cloves. See its lovely highlights, stop for coffee and cake, and enjoy free time.

- **West Frisian Bicycle Tour.** Pedal past little villages, churches and the pastoral dikes of the IJssel on a ride through the breathtaking countryside near Enkhuizen. *(Active)*

Return to the ship for lunch.

Free Time: See more of Enkhuizen after lunch.

Day 5 | The Hague • Delft • Gouda

Enrichment: *The Dutch Masters.*

🌐PYJ | Choose one of these excursions:

- **The Hague & the Mauritshuis.** See top sites including the Binnenhof, the center of Dutch politics, and the Peace Palace, on a scenic tour. Next, view the remarkable paintings and sculptures of the Mauritshuis, which houses Vermeer's "Girl with a Pearl Earring."
- **Old Delft & the Porcelain Factory.** Take a guided stroll in Delft's old town, then tour the Royal Delft Porcelain Factory, founded in 1653. Watch a master artisan hand-paint the famous blue-and-white pottery and view a fine collection of antique Delft earthenware.



Vermeer's "Girl with a Pearl Earring"



Basilica of the Holy Blood on Burg Square and Belfry Tower, Bruges

• **Gouda – City of Cheese.** See the bustling market square and the 15th-century town hall before viewing the impressive, 16th-century painted-glass windows inside Sint Janskerk. Finish with a tasting of fresh Gouda cheeses. Return to the ship for lunch and an afternoon of cruising toward Veere.

Day 6 | Veere

Free Time: Join the half-day Elective Activity or explore on your own in Veere for the day.

🕒 **Elective | Neeltje Jans & Delta Expo.**

Along the Zeeland coast on the artificial island of Neeltje Jans, learn about the Delta Works, the massive dams and storm surge barriers that protect the third of the Netherlands'

landmass below sea level. A gripping, 4D animation exhibit illustrates the impact of the devastating 1953 North Sea flood, which led to the construction of the Delta Works.

The ship remains in Veere overnight.

Day 7 | Bruges, Belgium | Antwerp

Enjoy a scenic drive to Bruges, Belgium.

🌐 **PYJ | Choose one of these excursions:**

All excursions include a guided walk in Bruges' old town. See the Basilica of the Holy Blood, the medieval guild hall buildings and the Belfry Tower. Afterward, begin your selected tour.

- **Cultural Bruges.** Study fascinating artwork from the Flemish primitive and expressionist periods at the Groeninge Museum. *(Active)*
- **Bruges & Beer.** Delve into Belgian brewing traditions at the family-owned De Halve Maan Brewery. Sample their beer and gaze over the cityscape from the rooftop. *(Active)*
- **Bruges & Belgian Chocolate.** Cocoa beans were introduced here in the 17th century.



Windmill near Veere



Belgian chocolate



Learn what makes this chocolate unique and try samples at a chocolatier's shop. *(Active)*

Make your own lunch plans in Bruges, then travel by motor coach to meet the ship in Antwerp, where it will dock overnight.

Day 8 | Antwerp



Enrichment: *Contemporary Belgium.*

Antwerp Walking Tour. Located on the Scheldt River near the North Sea, Antwerp has long been a prominent center of trade. Known as the capital of the world's diamond business, it has more recently become a fashion design hub. Appreciate its bounty of medieval architecture on a guided walk. See the Gothic Cathedral of Our Lady, the flag-covered, 16th-century town hall and the narrow guild halls in Grote Markt square.



Free Time: Spend the afternoon pursuing your own interests in Antwerp.


Tonight, celebrate your memorable journey together at a Farewell Reception and Dinner.


Day 9 | In Transit

Transfer  to the Brussels airport for the return flight  to your gateway city.

Note: Itinerary may change due to local conditions.

 Flights and  transfers included for AHI FlexAir participants.

 PYJ experiences are included.

 Elective experiences available at an additional cost.

Activity Level

We have designated activity levels for all excursions on this program. For more details, please call or visit our website.

Excursions on this itinerary require:

- walking on cobblestones, unpaved paths and/or uneven surfaces
- getting on/off motor coaches and boats

Included Features






Accommodations (with baggage handling)

– Unpack once and sail for **7 nights** aboard the **exclusively chartered**, first-class MS Amadeus Cara.

Extensive Meal Program

– 7 breakfasts, 5 lunches and 7 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine, beer or soft drinks with lunch and dinner.

Your One-of-a-Kind Journey

- **Enrichment by expert speakers** enhances your insight into the region.
- **Engaging excursions** showcase the local culture, heritage and history.
-  **Personalize Your Journey | PYJ |** A choice of excursions in selected locales.
-  **Electives** and free time to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.
-  **AHI Sustainability Promise:** We strive to make a positive impact wherever we travel.

Cathedral of Our Lady, Antwerp





 **Amsterdam | 2 Nights**

{ Elective PRE-Trip Extension at an additional cost }

Explore Amsterdam's lively neighborhoods in greater depth! This extension includes two nights at the centrally located, first-class Amsterdam Marriott; daily breakfasts; a guided Old Harbor walk and a visit to the National Maritime Museum; the services of an AHI Travel Director and AHI Hospitality desk; guide gratuities; transfer and baggage handling from the hotel to the ship; and all taxes and service charges.

\$1,095 per person, double occupancy | \$1,540 single occupancy



 **Antwerp | 2 Nights**

{ Elective POST-Trip Extension at an additional cost }

Delight in the intriguing museums and tantalizing food of this inviting, walkable city! This extension includes two nights at the first-class Hilton Old Town Antwerp; daily breakfasts; a guided tour of Ghent; the services of an AHI Travel Director and AHI Hospitality desk; deluxe motor coach to/from Ghent; gratuities for the guide and driver; transfer and baggage handling from the ship to the hotel; and all taxes and service charges.

\$1,095 per person, double occupancy | \$1,490 single occupancy

2027 | Departure Details

Program Dates

Travel dates † **April 18-26, 2027**

† Travel dates include any overnights required for international travel. These dates may vary depending on air schedules.

Tour dates* **April 19-26, 2027**

* Tour dates begin on the scheduled arrival date at your destination and end on the scheduled departure date from your destination.

Cruise Program

Category-Deck	Full Price	Special Savings Price*
E-Haydn (Mid Aft)	\$4,745	\$3,995
D-Haydn (Midship)	\$4,945	\$4,195
C-Strauss (Aft)	\$5,545	\$4,795
B-Strauss (Midship)	\$5,745	\$4,995
A-Mozart	\$6,145	\$5,395
Suite-Mozart (Midship)	\$7,045	\$6,295

***This Special Savings Price includes our \$250 Early Booking and \$500 Pay-in-Full discounts and is valid if you book by the date on the address panel and pay in full at booking.**

Deposit amount is \$1,000 per person.

Final Payment is due at least 150 days prior to departure.

Suite category features a balcony. Categories A, B and C feature a drop-down panoramic window. Categories D and E feature a panoramic window.

Price includes applicable program taxes (such as VAT and port charges).

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Special offers, promotions and discounts cannot be combined.

Single supplement waived for solo travelers! This offer is limited, capacity-controlled and tends to sell out quickly.

Please note: Program-specific terms and conditions are available at <https://tufts.ahitravel.com/destinations/2009A?schoold=300>.

AHI FlexAir

Let us arrange your flights

Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- **price guarantee** to protect you from fuel surcharge increases after ticket purchase
- arrival and departure **transfers** on group dates
- **flexibility** to change or cancel your reservation before departure on most flights (Fees may apply.)
- **assistance** in the event of schedule changes or delays



MS Amadeus Cara

MS Amadeus Cara

Cruise in exceptional comfort and style aboard this sophisticated, 81-cabin ship reminiscent of a grand European hotel while enjoying warm hospitality and personalized attention from its professional crew. The tastefully appointed social spaces feature large windows for expansive views of the unfolding scenery. Savor delicious breakfast and luncheon buffets and indulge in expertly prepared, regionally inspired dinners. Wine, beer and soft drinks complement both lunch and dinner. Each evening, relax in your inviting cabin or suite, which includes a private bathroom with a shower, satellite TV and complimentary Wi-Fi.



AHI Travel Expertise

Travel Consultants guide you through the reservation process.

Travel & Air Coordinators offer assistance with flights, electives and special requests.

Travel Information provides pre-departure details and enrichment about your destination.

Your Travel Director, a seasoned, multilingual professional, manages daily logistics so you enjoy a seamless experience.

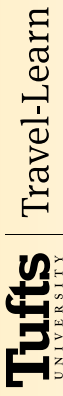
Handpicked Expert Guides and **Knowledgeable Lecturers** deepen your appreciation for the region and its history, culture and current events.



Book your journey today!

877-338-8728 (877-EDU-TRAV)

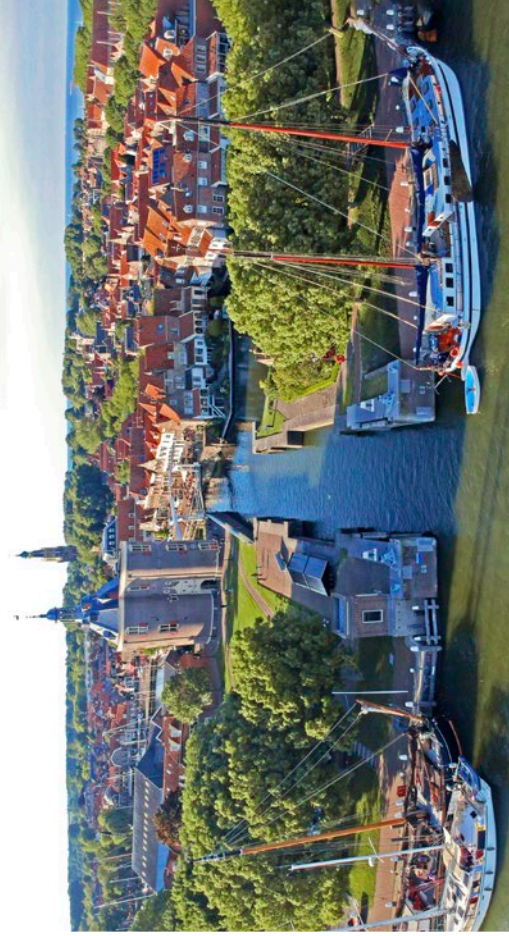
go.tufts.edu/travel_learn



Travel-Learn

Office of Alumni Engagement
80 George Street
Medford, MA 02155

ABHOLBEL27 359



Savor carefree cruising and ever-changing panoramas!

**SPECIAL SAVINGS*
AVAILABLE**

**Book by 7/16/2026 and
SAVE \$1,500 per couple!**

Book your journey today!

877-338-8728 (877-EDU-TRAV) go.tufts.edu/travel_learn

Presorted Std.
U.S. Postage
Paid
AHI Travel