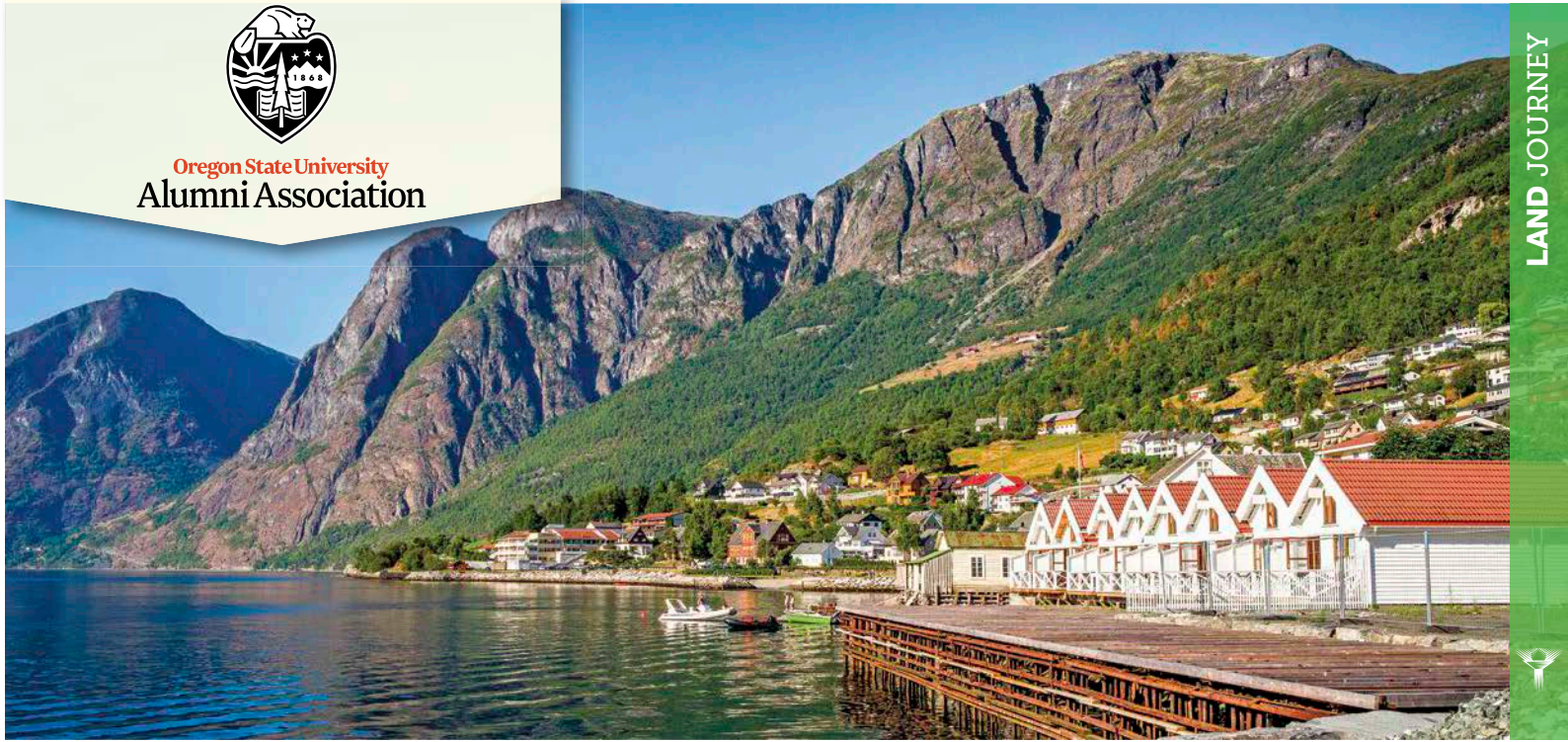




Oregon State University
Alumni Association



LAND JOURNEY

Norwegian Fjords & Midnight Sun

Oslo | Bergen | Tromsø

Inspiring Moments

- Marvel at the spectacular, glacier-carved **Aurlandsfjord** on a cruise.
- Discover wild grandeur and local traditions **above the Arctic circle in Tromsø**.
- Savor northern Norway's **midnight sun**, an endlessly golden summer sky.
- Explore fascinating facets of Norwegian culture in **cosmopolitan Oslo**.
- Admire Norway's resplendent beauty on picturesque journeys aboard the **Flåm** and **Bergen Railways**.
- Enjoy **Bergen's enchanting ambience** as you meander along cobblestone lanes.
- Learn about time-honored customs of the **Sami people** and meet members of the community.
- Play with **adorable husky puppies** at an arctic dogsledding kennel.
- Take in the colorful charm of Bergen's old wharf, a **UNESCO World Heritage site**.



Itinerary

- Day 1** Depart gateway city 🌐
- Day 2** Arrive in Oslo and transfer 🔄 to hotel
- Day 3** Oslo
- Day 4** Oslo
- Day 5** Board Bergen Railway | Bergen
- Day 6** Bergen
- Day 7** Board Flåm Railway | Cruise on Aurlandsfjord | Bergen
- Day 8** Fly to Tromsø | Tromsø
- Day 9** Tromsø
- Day 10** Sommarøy Island
- Day 11** Transfer 🔄 to Tromsø airport and depart for gateway city 🌐

Flights 🌐 and transfers 🔄 provided for AHI FlexAir participants.
Note: Itinerary may change due to local conditions.

Included Features

- Accommodations** (with baggage handling)
- **3 nights** in Oslo, Norway, at the first-class Radisson Blu Scandinavia Hotel, Oslo.
 - **3 nights** in Bergen at the first-class Radisson Blu Royal Hotel, Bergen.
 - **3 nights** in Tromsø at the first-class Radisson Blu Hotel, Tromsø.

- Transfers** (with baggage handling)
- All transfers in the Land Program: flight, trains and deluxe motor coaches.

- Extensive Meal Program**
- 9 breakfasts, 4 lunches and 3 dinners, including a Farewell Dinner; tea or coffee with all meals, plus wine with dinner.

- Your One-of-a-Kind Journey**
- **Small group:** Sized just right at 28 guests.
 - **Enrichment by expert speakers** enhances your insight into the region.
 - **Engaging excursions** showcase the local culture, heritage and history.
 - **AHI Connects | Local immersion.**
 - **Free time** to pursue your individual interests.
 - Welcome Reception to mingle with fellow travelers.
 - **AHI Sustainability Promise |** Striving to make a positive impact wherever we travel.
 - A personal VOX headset to hear your English-speaking guide clearly.
 - Tipping of guides and drivers.
 - Complimentary travel mementos.

Above: Aurlandsvagen and Aurlandsfjord



A World of Discovery

AHI Connects | Arctic Dogsledding.

Visit a working kennel where you'll learn about sledding and training, plus cuddle with the friendly husky puppies!

Oslo Overview & Ski Culture. Admire the city's top landmarks, including vibrant Aker Brygge Wharf and the Royal Palace, on a scenic drive. Next, take a guided stroll to see sculptures by the famed artist Gustav Vigeland in Vigeland Park. Later, delve into Norway's 4,000-year history of skiing at the Ski Museum at Holmenkollen, the Olympic ski jump, and enjoy sweeping views of Oslo.

Norwegian Art & Seafaring. View works by Norway's internationally acclaimed artist Edvard Munch, including "The Scream," at the MUNCH Museum. Then, at the Kon-Tiki Museum, learn about the gripping voyages of explorer Thor Heyerdahl. Finish on a high note with a pleasant cruise along Oslofjord.

Bergen Railway. Appreciate the stunning scenery as you travel on Europe's highest altitude railway to Bergen. Cross a plateau at more than 4,000 feet above sea level, and pass fjords, waterfalls and lush forests.

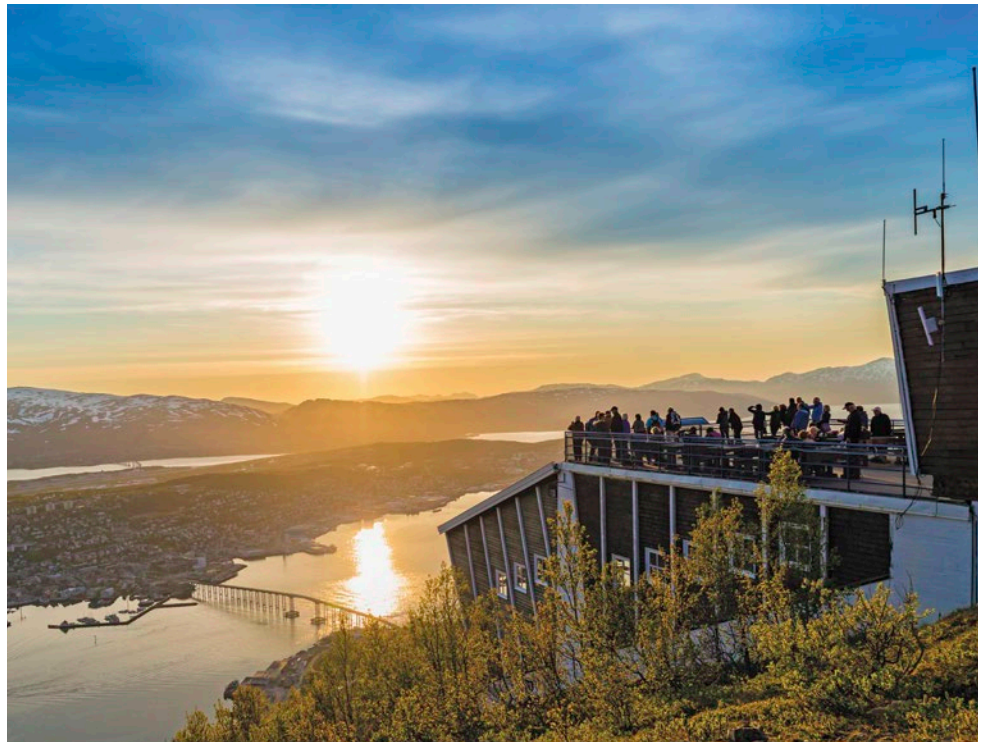
Bergen. Surrounded by seven mountains, cozy Bergen was an important medieval town, serving as a royal residence and a major trading hub for the Hanseatic League. Tour Bryggen, the historic wharf, and see King Håkon's Hall and other famous sites before visiting Trolldaugen, the hilltop home of revered composer Edvard Grieg.

The Best of Norway. Relish Norway's idyllic landscapes aboard the Flåm Railway, one of Europe's most beautiful train journeys. Wind past snow-dusted peaks and through mountain tunnels to Aurlandsfjord, a branch of the Sognefjord, Norway's longest fjord. Enjoy a cruise along this pristine waterway to Gudvangen. More breathtaking vistas unfold on a drive through the Voss district.

Tromsø Overview. Norway's Arctic capital sits roughly 220 miles north of the Arctic Circle. Due to its northerly position and the Earth's tilted axis, the sun never sets here during the summer. Experience the midnight sun phenomenon during your stay! Visit the Arctic Cathedral and ride a cable car up Floyfjellet Mountain for awe-inspiring views.

Nature & Culture of Northern Norway. Delight in lovely arctic and alpine flora at a botanical garden. Afterward, explore the rich culture of the indigenous Sami people at the Arctic University Museum of Norway with exhibits on reindeer herding, crafts and *joik* music. Take in Arctic wildlife at Polaria, featuring playful seals and an aquarium.

Sommarøy Island. Revel in majestic natural beauty on a visit to the village of Sommarøy and learn about the fishing industry there.



Midnight Sun in Tromsø

Enrichment

- Contemporary Norway
- The Fjords of Norway
- Life in the Arctic Circle

UNESCO World Heritage

Bryggen, the medieval Hanseatic League wharf, Bergen

Accommodations

Radisson Blu Scandinavia Hotel | Oslo

Radisson Blu Royal Hotel | Bergen

Radisson Blu Hotel | Tromsø



Activity Level: We have rated all of our excursions with activity levels to help you assess this program's physical expectations. Please call or visit our website for full details.



The information in this flyer is correct at the time of printing. Please visit our website to ensure that you receive the most current information.

2025

AHI Travel Expertise

For more than six decades, our dedicated team has helped travelers explore the world safely and securely.

Travel & Air Coordinators | Help with everything from arranging flights to fulfilling special requests.

Travel Director | Manages all details to ensure a safe and memorable trip.

Travel information | Prepares you fully for your journey.

Expert local guides and lecturers | Provide friendly, knowledgeable service and share their passion for the destination.

Let us arrange your flights!

AHI FlexAir | Our personalized air program features transfers, assistance and flexibility.

2025 Departures & Pricing

June 22 – July 2, 2025

Full Price	From \$5,745
Special Savings	\$750

***Early Booking Special Price From \$4,995**

*Early Booking Special Price valid if booked by expiration date on website and paid in full at booking. If you pay only your deposit by early booking date, you still save \$250 per person. VAT & port tax supplement are an additional \$495 per person. All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated). Single accommodations are an additional \$995 (limited availability).