

Apulia

McMaster University

ALUMNI

Undiscovered Italy

Inspiring Moments

- Relax on your hotel's terrace and witness magnificent Adriatic skies melt into the cerulean sea.
- Wander through the fascinating Sassi districts of **timeless Matera**.
- Delight in **Lecce's architecture,** from its amphitheater to elegant churches
- Take in sweeping panoramic views of the **Apulian countryside** at a local vineyard.
- View Alberobello's conical trulli houses and wander through **luminous Ostuni.**
- Taste **Apulia's simple** cuisine crafted with homegrown flavors and family recipes.
- Experience two UNESCO World Heritage sites.



Top: Polignano a Mare | Above: Trullo



Itinerary

Day 1	Depart gateway city 🛟
Day 2	Arrive in Bari and transfer 🕽 to
	Poliganano a Mare
Day 3	Bari Polignano a Mare
Day 4	Locorotondo Alberobello
Day 5	Lecce Ostuni
Day 6	Trani Bisceglie
Day 7	Matera
Day 8	Polignano a Mare
Day 9	Transfer 🔿 to Bari airport
	and depart for gateway city 🚯

Flights () and transfers () provided for AHI FlexAir participants. Note: Itinerary may change due to local conditions.

Included Features

Accommodations {with baggage handling}

NO SINGLE SUPPLEMENT for Solo

Travelers

 - 7 nights in Polignano a Mare, Italy, at the first-class Hotel Covo dei Saraceni.

Extensive Meal Program

-7 breakfasts, 3 lunches and 4 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.

Your One-of-a-Kind Journey

- Small group: Sized just right at 28 guests.
- Enrichment by expert speakers enhances your insight into the region.
- **Engaging excursions** showcase the local culture, heritage and history.
- CAHI Connects | Local immersion.
- **Electives** and **free time** to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.
- AHI Sustainability Promise | Striving to make a positive impact wherever we travel.

Apulia | Undiscovered Italy

A World of Discovery

AHI Connects | Family Winery. Visit a family-owned vineyard, famous for its white grape varietals. Tour the property and enjoy a tasting of wine made from native white grapes, followed by a light snack.

AHI Connects | Olive Oil Mill. Travel to the countryside to tour a family-run olive mill. Sample freshly pressed oils and relax over lunch, followed by a gathering with the staff or owners to discuss life in Italy.

Beautiful Bari. This ancient seaport boasts narrow lanes and a pretty harbor with colorful boats bobbing on their moors. Step inside the Basilica of St. Nicholas, tour the historic port and revel in views along Bari's pretty seaside promenade.

Wonders of Polignano a Mare. Discover this ancient village that rises dramatically from craggy limestone cliffs. Admire its medieval Marchesale Arch, stroll the old town's cobbled lanes and inhale fragrant flowering plants and baked goods. Peek inside artisans' workshops and experience the warm hospitality of residents.

Locorotondo. Enjoy a journey to medieval Locorotondo, where gleaming white buildings swirl down a hilltop setting.

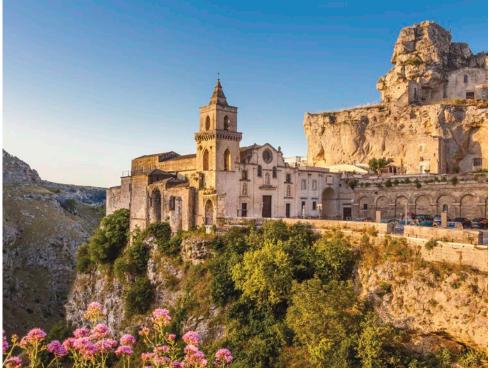
Alberobello. Discover the town's trulli dwellings, mysterious dome-shaped buildings dotting the landscape, many of which are pieced together without mortar.

Barocco Lecce. Lecce's 17th-century structures display beautiful carvatids and lyrical scrolls. Visit Piazza Sant' Oronzo, and view the Roman amphitheater, which dates from Emperor Hadrian's era. Visit the Basilica of Santa Croce and admire its rose window and intricately carved capitals.

White City of Ostuni. Gaze at the whitewashed buildings that cascade over the side of Ostuni's hilltop perch. Get lost in labyrinthine passages of the old town, visit the magnificent cathedral and soak up vistas from atop the ancient city walls.

Sassi di Matera. Initially gouged out by troglodytic nomads, the rock-hewn cave dwellings of Matera were carved into the soft calcareous rock straddling both sides of a steep ravine. Honeycombed throughout the Sassi are more than 100 rock churches decorated with delicate frescoes. During a visit, marvel at the intricate, ornate façades.

Trani. Explore the historic seaport of Trani. Known for its Moscato di Trani wine and savory figs, this fishing town is home to a 13th-century fort and a cathedral nestled in the harbor of the Adriatic. Take note of the distinguishing Norman houses, a typically English-Romanesque style of architecture.



Enrichment

- History, Agriculture & Beauty of Apulia

- History & Architecture of Lecce
- Contemporary Italy

UNESCO World Heritage

- 1. The Trulli of Alberobello
- 2. The Sassi and the Park of the **Rupestrian Churches of Matera**

Electives | Go further afield

Private Cooking Experience. Join a local chef for a cooking lesson. Learn techniques for making a canapé, first-course and more. Enjoy lunch accompanied by fine wines.

{At an additional cost.}

Accommodations

Hotel Covo dei Saraceni | Polignano a Mare

Tripadvisor

Activity Level: We have rated all of our excursions with activity levels to help you assess this program's physical expectations. Please call or visit our website for full details



The information in this flver is correct at the time of printing. Please visit our website to ensure that you receive the most current information

2026

Sassi di Matera

AHI Travel Expertise

For more than six decades, our dedicated team has helped travelers explore the world safely and securely.

Travel & Air Coordinators | Help with everything from arranging flights to fulfilling special requests.

Travel Director | Manages all details to ensure a safe and memorable trip.

Travel information | Prepares you fully for your journey.

Expert local guides and lecturers | Provide friendly, knowledgeable service and share their passion for the destination.

Let us arrange your flights!

COAHI FlexAir | Our personalized air program features transfers, assistance and flexibility.

2026 Departures & Pricing

August 26 - September 3, 2026

Full Price	\$4,545
Special Savings	\$750

Special Savings Price* \$3,795

The Special Savings consist of \$250 Early Booking and \$500 Pay-in-Full Savings.

*Special Savings Price is valid if booked by the expiration date on the website and paid in full at booking

All prices quoted are in USD, per person, based on double occupancy, includes applicable program taxes and do not include air transportation costs (unless otherwise stated). Single supplement waived for solo travelers! This offer is limited, capacity-controlled and tends to sell out quickly