



Tuscany & Emilia-Romagna

A Cultural & Culinary Journey

Inspiring Moments

- ▶ Unravel the **culinary paradise of Emilia-Romagna** within its timeless towns of Bologna, Parma and Modena.
- ▶ Discover foods famous the world over during visits to a **cheese farm, olive mill and country winery**.
- ▶ Roam history-soaked cobblestones in **Castell'Arquato and Vigoleno**.
- ▶ Encounter the **University of Bologna**, the oldest university in the Western world.
- ▶ **Sample "liquid black gold,"** the aceto balsamico tradizionale di Modena.
- ▶ Indulge in heavenly **Parma flavors** of parmesan cheese and pasta.
- ▶ Fall under Tuscany's alluring spell and **linger in Orvieto**, a hilltop Umbrian town.
- ▶ Experience the Porticoes of Bologna, a **UNESCO World Heritage site**.



Parmesan cheese

Sensational beauty and gastronomy await on this eight-night Italian adventure! Enjoy stays in Parma and Cortona and uncover the spirit, culture and heritage of Italy's delightful Emilia-Romagna and Tuscany regions. From Bologna's storied *porticoes* to Parma's lauded cathedral, charming medieval villages to beautiful country farms, these destinations will seduce all your senses. Along the way, savor culinary favorites, including balsamic vinegar, parmesan cheese and pasta. Plus, sip and swirl locally made wines at a Tuscan winery and hone your cooking skills while learning to make typical regional dishes.

Day-by-Day Itinerary

Day 1 | In Transit

Depart for Milan, Italy. 🌐

Day 2 | Milan, Italy | Parma

Arrive in Milan, transfer 🔄 to Parma and check in to the Sina Maria Luigia hotel.

Later tonight, gather with your fellow travelers for a Welcome Reception and Dinner.

Day 3 | Parma

Parma Walking Tour. The day begins with a discovery of wonderful Parma! Perhaps most famous for its delicious ham and cheese, Parma is also packed with regal palaces, gardens and storied landmarks. During a walking tour, see the Parma Cathedral and the Teatro Regio di Parma, the performance home of composer Giuseppe Verdi. Also pass by the Palazzo della Pilotta and through the Piazza Garibaldi.

🌐 **AHI Connects | Parma's Pastas.** Join an expert for a hands-on pasta cooking class. Learn the techniques behind making egg-based and stuffed pastas. After, try your creations as you dig into a tasty lunch!

Free Time: Make your own plans in Parma. Stroll through Parco Ducale or sip wine at an outdoor café.

Day 4 | Parma | Vigoleno | Castell'Arquato

Cheese Farm, Vigoleno & Castell'Arquato. Head out to the country to visit a cheese farm. During an intimate tour, learn how expert cheese makers turn milk, salt and rennet into sensational parmesan cheese. After lunch, step back in time along the medieval streets of Vigoleno. Lauded as one of Italy's most compelling villages, Vigoleno is home to a well-preserved fortified castle and the Romanesque Church of San Giorgio. Continue to pretty Castell'Arquato and see the town's highlights on a walking tour.

Enrichment: Culinary & Cultural History of Emilia-Romagna.

ALUMNI CAMPUS ABROAD®



Included Features

Accommodations {with baggage handling}

- **4 nights** in Parma, Italy, at the first-class Sina Maria Luigia.
- **4 nights** in Cortona at the first-class Villa Marsilli.

Transfers {with baggage handling}

- Deluxe motor coaches transfers during the Land Program.

Extensive Meal Program

- 8 breakfasts, 4 lunches and 3 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.

Your One-of-a-Kind Journey

- **Small group:** Sized just right at 28 guests.
- **AHI Travel Assurance** plan covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
- **Enrichment by expert speakers** enhances your insight into the region.
- **Engaging excursions** showcase the local culture, heritage and history.
- **PYJ | Personalize Your Journey**
A choice of excursions in selected locales.
- **AHI Sustainability Promise:** We strive to make a positive impact wherever we travel.
- **AHI Connects:** Local immersion.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.



Day 5 | Parma | Modena

PYJ | Choose one of the following excursions:

- **Ferrari Museum in Maranello.** Venture to Maranello to encounter the beloved Italian sports car brand. Take a guided panoramic tour of the Ferrari estate and view the outside of the Ferrari workshops and plants. Learn about the history of the car at the Ferrari museum.
- **Reggio Emilia Walking Tour.** Get to know this lovely, laid-back city on a walking tour. Pass by the imposing Santa Maria cathedral, the old Jewish Ghetto, the Basilica di San Prospero and the baroque Basilica della Ghiara.

Balsamic Vinegar of Modena. Discover where true Balsamic vinegar hails from at the Acetaia Tenuta Medici. Learn about the maturation, refinement and aging process of Aceto Balsamico Tradizionale di Modena. Savor a tasting of this sweet yet savory syrup.

Day 6 | Parma | Bologna | Cortona

After breakfast, begin your journey to Cortona. En route, stop to discover the wonders of Bologna.

Bologna. “La Rossa” beckons with its searing red buildings and *porticoes*, covered arched arcades. A walking tour showcases the Piazza Maggiore, the Town Hall and the Archiginnasio di Bologna, the seat of the University of Bologna from 1563-1805. Look above to see the city’s symbolic towers. Continue to Cortona and check in to your hotel.

Day 7 | Cortona

Cortona Walking Tour and the Museum of the Etruscan Academy. Cortona is believed to be one of Italy’s oldest towns. While passing historic palazzo and piazzas, admire the town’s exceptional Etruscan features. Pass by the Piazza della Repubblica and see the 13th-century town hall and the prominent Museo Diocesano. Discover jaw-dropping vistas of fertile olive groves and Lake Trasimeno from the ancient porta. Enjoy a visit to the Praetorian Palace. Inside, the Museum of the Etruscan Academy boasts rare archaeological finds and Etruscan, Greek, Roman and Egyptian works of art.

Enrichment: Contemporary Italy.



Day 8 | Cortona | Orvieto

A Taste of Umbria in Orvieto. Orvieto stands sentry over the green Umbrian countryside. Join a guide along the cobblestone streets, stopping to visit the Gothic-Romanesque Duomo that boasts a brilliant façade rendered in marble and colorful mosaics.

AHI Connects | Olive Oil Mill & Museum. Head into the rolling hills to a family-run olive mill. Discover how the family creates mouthwatering olive oils. Enjoy the buttery flavors of this specialty.

Day 9 | Cortona | Montalcino

Tuscan Countryside and Altesino Winery. Travel through the patchwork of burgeoning hill country, blanketed with shimmering olive groves, bucolic farmsteads, cypress trees and red poppy playgrounds. enjoy a tantalizing culinary experience at a family-owned winery in the Brunello di Montalcino region. Tour the winery and sample vintages and tasty local cheeses. Raise a toast during a Farewell Reception and Dinner.

Day 10 | In Transit

Transfer to the Florence airport for the return flight to your gateway city.

2024 Departures & Pricing

May 21-30, 2024

Full Price from	\$4,545
Special Savings	\$250
Special Price from	\$4,295*

*Special price available for a limited time. Call for details.
VAT & port tax supplement are an additional \$395 per person.
All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).
Single accommodations are an additional \$695 (limited availability).
Program-specific terms and conditions are available at <https://maryla.ahitravel.com/destinations/1796A?schoold=90>. You can also request a copy from our travel experts.
Note: Itinerary sequence and/or scheduled events may change. Walking is required on many excursions.
Flights and transfers provided for AHI FlexAir participants.