



Emory Travel Program



NO SINGLE SUPPLEMENT for Solo Travelers

# Umbria

## The Green Heart of Italy

### Inspiring Moments

- Explore **Umbria's scenic landscape** of verdant valleys, forested hills, medieval villages and lush countryside.
- Uncover **Perugia's Etruscan origins** and savor a chocolate tasting.
- Witness **stunning views from Orvieto**, perched atop a dramatic rock plateau.
- **Venture to Tuscany** to see Renaissance architecture in Montepulciano.
- **Savor Umbria's olives and olive oil** during a tour and tasting with lunch.
- Admire Piazza del Popolo, in Todi, one of **Italy's most photogenic piazzas**.
- Marvel at the Basilica of St. Francis of Assisi, a **UNESCO World Heritage site**.



Top: Perugia | Above: Olive oil tasting



### Itinerary

- Day 1** Depart gateway city ✈
- Day 2** Arrive in Rome and transfer 🚗 to hotel in Perugia
- Day 3** Perugia
- Day 4** Orvieto
- Day 5** Tuscany | Cortona | Montepulciano
- Day 6** Perugia
- Day 7** Assisi | Gubbio
- Day 8** Todi
- Day 9** Transfer 🚗 to Rome airport and depart for gateway city ✈

Flights ✈ and transfers 🚗 provided for AHI FlexAir participants.  
**Note:** Itinerary may change due to local conditions.

### Included Features

- Accommodations** (with baggage handling)
  - **7 nights** in Perugia, Italy, at the deluxe Sina Brufani, Perugia hotel.
- Extensive Meal Program**
  - 7 breakfasts, 4 lunches and 3 dinners, including Welcome and Farewell Dinners, tea or coffee with all meals, plus wine with dinner.
- Your One-of-a-Kind Journey**
  - **Small group:** Sized just right at 28 guests.
  - **Enrichment by expert speakers** enhances your insight into the region.
  - **Engaging excursions** showcase the local culture, heritage and history.
  - **AHI Connects | Local immersion.**
  - **Free time** to pursue your individual interests.
  - Welcome and Farewell Receptions to mingle with fellow travelers.
  - A personal VOX headset to hear your English-speaking guide clearly.
  - Tipping of guides and drivers.
  - Complimentary travel mementos.
  - **AHI Sustainability Promise** | Striving to make a positive impact wherever we travel.



**A World of Discovery**

**AHI Connects | Taste of Umbria.**

Visit the Oleoteca Bartolomei Olive Oil Mill and Museum to interact with the family owners, learn about the history and process for making olive oil. Then, savor an olive oil tasting and delicious lunch on the property.

**Perugia City Tour.** Take a guided walking tour of Umbria’s capital city, brimming with medieval pageantry. Stroll the 14th-century Piazza IV Novembre city center and plaza. See Etruscan and Roman-period walls, the striking, 13th-century Fontana Maggiore and the iconic, Gothic-style Prior’s Palace.

**Chocolate Tasting.** Visit a local shop in Perugia, renowned for the irresistible Italian Baci chocolate. Learn about the history of its exclusive recipe and savor a tasting.

**Orvieto.** Venture to this picturesque hilltop town for a guided tour. Walk the narrow, cobblestone streets to the town square and visit the Duomo di Orvieto, a masterpiece of Italian Gothic architecture, see other notable churches and admire the Umbrian vistas.

**Day in Tuscany.** Start in the Etruscan city of Cortona. Walk past historic palazzos and charming piazzas to visit the 11th-century Cortona Cathedral and the Museum of the Etruscan Academy to see works of art and archaeological treasures. Continue on to Montepulciano to stroll past Renaissance architecture, shop, chat with local artisans and peek into centuries-old wine cellars.

**Winery & Cooking Experience.** Visit a winery to discover the secrets of traditional Umbrian recipes, like homemade pasta and cakes. Watch as the dishes are prepared and savor them for lunch with paired wines.

**St. Francis of Assisi.** Set out for the walled town of Assisi, the birthplace of St. Francis and an important pilgrimage site. Visit the glorious Basilica di Santa Maria degli Angeli and marvel at its exterior decorated with impressive frescos. This is where St. Francis founded the Franciscan Order and later passed away. Admire the backdrop of Mount Subasio and sweeping views of the Umbrian valley’s natural, serene beauty.

**Medieval Gubbio.** Delight in a guided walk of this picturesque city at the foot of Mount Ingino. Begin at the San Francesco Church, built in 1256, and stroll through the elevated Piazza Grande central square, framed by impressive medieval buildings, such as the 14th-century Gothic-style People’s Palace. The centuries-old Corsa dei Ceri festival is held in the square. Admire the Cathedral of St. Mariano and St. Giacomo. Also, see the legendary “Fountain of the Madmen,” and learn about its quirky folklore.



Basilica of San Francesco, Assisi

**Todi Walking Tour.** Visit this town from the Middle Ages, perched on a hill in the Tiber Valley. Stroll through the central square and see the Cathedral of Saint Mary, the San Fortunato Church and the Renaissance Santa Maria della Consolazione church. Stop for a picture at the Piazza del Popolo, one of Italy’s most photogenic squares.

**Enrichment**

- History of Perugia & Umbria
- Icons of Umbria
- Contemporary Italy

**UNESCO World Heritage**

The Basilica of San Francesco and Other Franciscan Sites

**Accommodations**

Sina Brufani, Perugia | Perugia



**Activity Level:** We have rated all of our excursions with activity levels to help you assess this program’s physical expectations. Please call or visit our website for full details.



The information in this flyer is correct at the time of printing. Please visit our website to ensure that you receive the most current information.

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2027

**AHI Travel Expertise**

Our dedicated team helps travelers explore the world safely and securely.

**Travel Consultants |** Assist with the reservation process.

**Travel & Air Coordinators |** Help with everything from flights to special requests.

**Travel Director |** Manages all details to ensure a safe and memorable trip.

**Travel information |** Prepares you fully for your journey.

**Expert local guides and lecturers |** Provide friendly, knowledgeable service and share their passion for the destination.

**Let us arrange your flights!**

**AHI FlexAir |** Our personalized air program features transfers, assistance and flexibility.

**2027 Departures & Pricing**

March 30 – April 7, 2027

|                               |                |
|-------------------------------|----------------|
| Full Price                    | \$5,045        |
| Special Savings               | \$500          |
| <b>Special Savings Price*</b> | <b>\$4,545</b> |

The Special Savings consist of \$250 Early Booking and \$250 Pay-in-Full Savings.

\*Special Savings Price is valid if booked by the expiration date on the website and paid in full at booking.

All prices quoted are in USD, per person, based on double occupancy, includes applicable program taxes and do not include air transportation costs (unless otherwise stated).

Single supplement waived for solo travelers! This offer is limited, capacity-controlled and tends to sell out quickly.