Emory Travel Program

RIVER | LAND JOURNEY

NO SINGLE SUPPLEMENT for Solo Travelers

Romance of the Douro River

featuring Lisbon, Porto & the Alto Douro Wine Region

Inspiring Moments

- Travel through the rolling Alto Douro Wine Region and enjoy a **port tasting at a quinta, a wine cellar.**
- Walk in the footsteps of Portuguese aristocracy at the grand **Mateus Palace.**
- Gaze in wonder at the renowned **University of Coimbra.**
- Discover Portugal's history at **Guimarães.**
- Explore **Porto's** enchanting alleyways and colorful neighborhoods.
- Appreciate the splendor of **Salamanca,** an elegant Spanish city.
- Follow the historic path of great explorers in centuries-old **Lisbon.**
- Experience six **UNESCO World Heritage sites.**

Top: Douro Valley | Above: Porto

Itinerary

Day 1	Depart gateway city
Day 2	Arrive in Lisbon and transfer to hotel
Day 3	Lisbon
Day 4	Lisbon
Day 5	Óbidos | Coimbra | Porto | Embark ship
Day 6	Porto
Day 7	Porto | Peso da Régua
Day 8	Peso da Régua | Barca d'Alva
Day 9	Barca d'Alva | Salamanca
Day 10	São João da Pesqueira | Pinhão
Day 11	Lamego | Porto
Day 12	Disembark ship | Transfer to airport and depart for gateway city

Flights and transfers provided for AHI FlexAir participants.
Note: Itinerary may change due to local conditions.

Included Features

Accommodations {with baggage handling}
- **3 nights** in Lisbon, Portugal, at the first-class Dom Pedro Lisboa.
- **7 nights** aboard the **exclusively chartered,** first-class MS Amalia Rodrigues.

Transfers {with baggage handling}
- Deluxe motor coach transfers during the Land | Cruise Program.

Extensive Meal Program
- 10 breakfasts, 7 lunches and 7 dinners, including Welcome and Farewell Dinners; all drinks included on board except special wines and spirits.

Your One-of-a-Kind Journey
- **Enrichment by expert speakers** enhances your insight into the region.
- **Engaging excursions** and **PYJ | Personalize Your Journey** showcase the local culture, heritage and history.
- **Electives** and **free time** to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.
- **AHI Sustainability Promise |** Striving to make a positive impact wherever we travel.

A World of Discovery

Lisbon. Enjoy a panoramic drive along the Avenida de Liberdade, passing by the sprawling Rossio and Black Horse squares in the heart of the city. Next, delve into the history and lives of famous explorers. Visit the Monastery of the Hieronymites, commissioned by King D. Manuel I and admire the artistry of the Monument to the Discoveries and Belém Tower, which celebrates the triumphs of Portugal's seafarers. Continue with a drive through the city's authentic Alfama neighborhood.

Óbidos. Visit Óbidos, a romantic medieval village enclosed within ancient walls. Follow narrow alleys bordered with traditional white houses, vivid tiles and potted geraniums.

Coimbra. Get to know the first Portuguese capital at the University of Coimbra, one of Europe's oldest universities. See the stunning Biblioteca Joanina, St. Michael's Chapel and a lavish ceremonial hall.

Mateus Palace. Begin with a glimpse into the rich history of the Douro winemaking region with a special visit to the Museu do Douro. Continue to discover the extravagant Mateus Palace, an 18th-century baroque palace. View the rooftop pinnacles, carved wooden ceilings and lavish halls before strolling through the manicured gardens.

Porto's Wine Road. Drive through the scenic Alto Douro Wine Region, known for its vineyards and bountiful olive and almond groves. Visit the town of São João da Pesqueira, nicknamed the "fishing ground," and stop at a quinta, a local winery, for a presentation and tasting of the sweet wine.

Lamego. Lamego is one of the country's prettiest towns and sits in the heart of the port-producing Douro Valley. Visit Nossa Senhora dos Remédios, a splendid baroque church overlooking the city. Leading to the church is a grand staircase with 686 steps, statues, obelisks and wonderful azulejos, Portugal's iconic blue-and-white tiles.

Cultural Performances. Delight in a variety of authentic performances throughout your journey, including a show by local dancers, an evening of folklore and a performance by a local "tuna" band, a group of university students who sing traditional serenades.

PYJ | A choice of unique excursions:

Porto (Day 6)

- Porto City Tour & Port Wine Tasting
- Porto by Tram & Flavors of Porto

Porto (Day 7)

- Guimarães, The Cradle of Portugal
- Coastal Walk & Afurada *(Active)*

contd.

University of Coimbra

Salamanca

- Salamanca City Tour
- Salamanca Tapas Tour

Enrichment

– Contemporary Portugal

– Douro Wine Country

UNESCO World Heritage

1. **Historic Center of Guimarães,** Portugal
2. **Historic Center of Oporto and Luiz I Bridge,** Portugal
3. **Alto Douro Wine Region,** Portugal
4. **Old City of Salamanca,** Spain
5. **University of Coimbra,** Portugal
6. **Monastery of the Hieronymites and Tower of Belém in Lisbon,** Portugal

Electives | *Go further afield*

Fado Dinner. Savor a dinner of Portuguese cuisine and listen to soul-stirring fado, a traditional genre of music with melancholic guitar and vocal arrangements.

Sintra, Cascais & Estoril. Sintra is home to vivid architecture and the National Palace of Sintra with its iconic white chimneys. Take a guided tour of the well-preserved palace. After lunch, drive by Cabo de Roca and pretty Guincho Beach. Stop in Cascais for a picturesque walk, and pass through Estoril on your return to Lisbon.

{At an additional cost.}

Accommodations

MS Amalia Rodrigues

66-cabin River Cruise Ship

Ship's registry: France

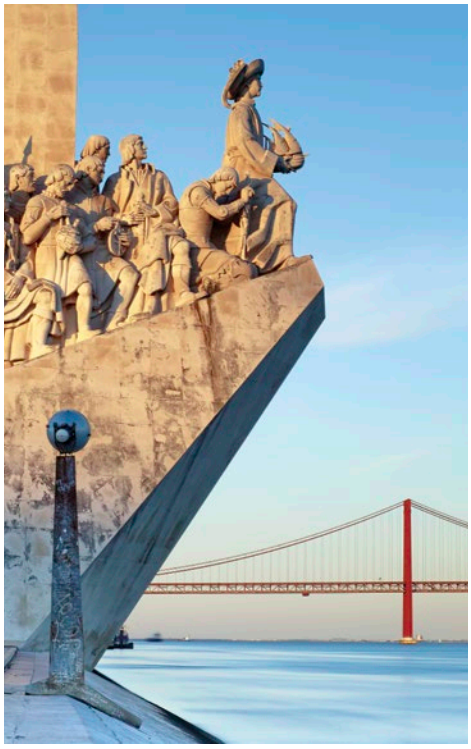
Dom Pedro Lisboa | Lisbon

Tripadvisor

Activity Level: We have rated all of our excursions with activity levels to help you assess this program's physical expectations. Please call or visit our website for full details.

The information in this flyer is correct at the time of printing. Please visit our website to ensure that you receive the most current information.

2027



Monument to the Discoveries, Lisbon

AHI Travel Expertise

Our dedicated team helps travelers explore the world safely and securely.

Travel Consultants | Assist with the reservation process.

Travel & Air Coordinators | Help with everything from flights to special requests.

Travel Director | Manages all details to ensure a safe and memorable trip.

Travel information | Prepares you fully for your journey.

Expert local guides and lecturers | Provide friendly, knowledgeable service and share their passion for the destination.

Let us arrange your flights!

AHI FlexAir | Our personalized air program features transfers, assistance and flexibility.

2027 Departures & Pricing

September 18-29, 2027

Full Price	from $6,245
Special Savings	$750
Special Savings Price*	**from $5,495**

The Special Savings consist of $250 Early Booking and $500 Pay-in-Full Savings.

***Special Savings Price is valid if booked by the expiration date on the website and paid in full at booking.**

All prices quoted are in USD, per person, based on double occupancy, includes applicable program taxes and do not include air transportation costs (unless otherwise stated).

Single supplement waived for solo travelers! This offer is limited, capacity-controlled and tends to sell out quickly.