

| SERENE SEASON |

Barcelona

ART, CULTURE & PEOPLE



SPONSORED BY

ADA. Continuing Education

ADA
Member Advantage™

October 29 – November 6, 2026

Other dates available upon request

ADA® Continuing Education

Dear ADA Members,

Topics include:

- Successfully Interpreting Patients' Complex Medication Histories
- The Fall and Rise of Cannabis, Cannabinoids and Terpenes | Their Dental Considerations
- Dental Implications of Diabetes Mellitus | Medications Used to Treat It
- Illicit and Licit Drugs Used Illicitly | Substance Use Disorder Management

Elevate your practice while visiting one of Europe's most captivating and inspiring destinations —Barcelona! As dental professionals, you must be equally aware of the medical considerations of agents commonly used in the practice of dentistry, as well as the dental considerations of the medications frequently prescribed for the treatment of multiple systemic diseases.

In his dynamic, information-packed programs, **Tom Viola** draws on over 30 years of experience as a pharmacist, educator, speaker and author to offer a comprehensive overview of the principles of dental pharmacology. You and your fellow dentists will learn how to provide safe and effective treatment to your medically complex patients in four 2-hour morning sessions.

Recommended for dentists.

Don't miss this exceptional professional development opportunity in the heart of dynamic Barcelona. Secure your spot today and be part of an unforgettable journey!

CE credits: 8

Cost: \$499 for CE course only; travel costs are separate.

Scan the QR code below to register for the CE course; travel costs are booked separately via AHI Travel.

Sincerely,

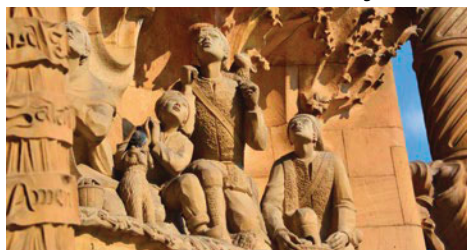
Andrea Metzger
ADA Member Advantage



UNESCO World Heritage

1. Works of Antoni Gaudí, Barcelona
2. Palau de la Música Catalana and Hospital de Sant Pau, Barcelona

Exterior detail of La Sagrada Família



Parc Güell



Discovery begins here



Discover Barcelona's cosmopolitan culture and world-renowned architecture on this singular program! Visit during the centenary of visionary, modernist architect Antoni Gaudí's death to see La Sagrada Família, an iconic masterpiece in the making for 144 years and projected for completion in 2026. You'll explore the city's atmospheric neighborhoods, visit the acclaimed Picasso Museum and witness the grandeur of the Palau de la Música concert hall. Plus, savor tantalizing Catalan cuisine and wine!

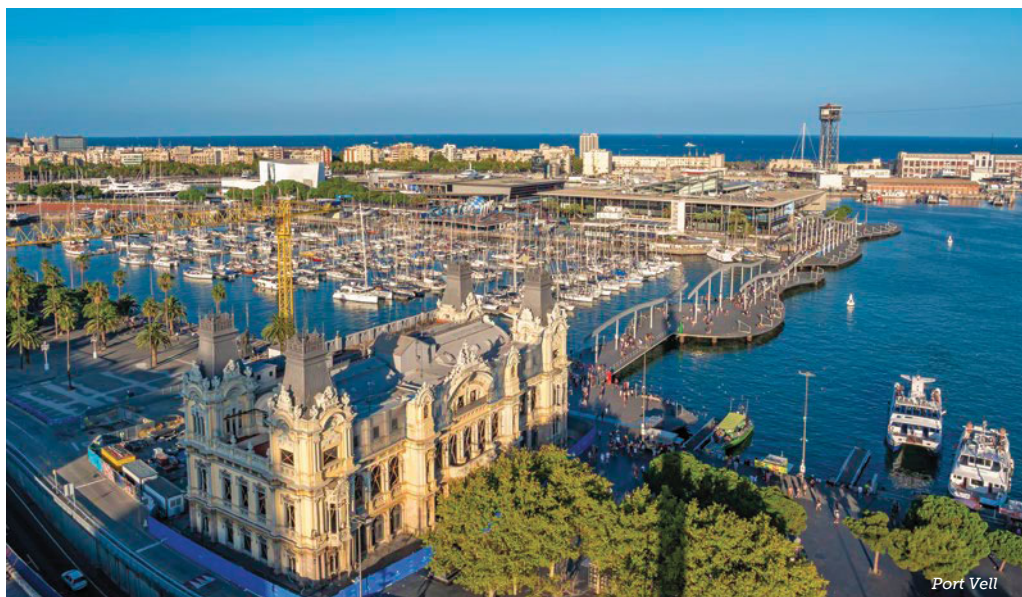
Top: Parc Güell | Above: Plaza Real

Cover: La Sagrada Família | Mail panel: Monument to the Sardana, Catalonia's national folk dance monument | La Rambla

Inspiring Moments



- Bask in **Barcelona's renowned culture, architecture, wine and cuisine** when there are fewer crowds.
- **Explore the Gothic Quarter's** blend of medieval streets and modern energy.
- Witness **Antoni Gaudí's iconic works, La Sagrada Família and Parc Güell**, 100 years after the architect's passing.
- Be awed by the stunning, art nouveau beauty of the **Hospital de Sant Pau**.
- Immerse yourself in **Picasso's early works** at the eponymous museum.
- Stroll through the El Born neighborhood, **Barcelona's bohemian cultural hub**.
- Tour the **Palau de la Música Catalana**, a stunning jewel of Catalan modernism.
- Relish a fun and delicious Spanish bites and wine **tapas bar-stroll lunch**.
- Experience two **UNESCO World Heritage sites**.



Day 1 | In transit

Depart gateway city for Barcelona, Spain. 🌐

Day 2 | Barcelona, Spain

Arrive, transfer 🔄 and check in to the Renaissance Barcelona Hotel.

This evening, meet and mingle with your fellow travelers at a Welcome Reception in the hotel.

Enrichment: *Barcelona, Catalonia's Capital.*

Day 3 | Barcelona

ADA Continuing Education Seminar.

Barcelona's Gothic Quarter. Enjoy a guided walk in the narrow, cobblestone labyrinth of the Barri Gòtic. Begin at the 13th-century Gothic Barcelona Cathedral, with its majestic spires, cloisters and gargoyles. Stroll along the Carrer del Bisbe, with remnants of the Roman Barcino walls, dating to the 1st century B.C. Pass by the famous neo-Gothic Bishop's Bridge to the historic Plaça del Rei, an ode to Catalonia's royal, historic past. Admire the Royal Palace, the five-story medieval watchtower of King Martin and the 14th-century Chapel of Saint Agatha.

🌐 **AHI Connects | Catalan Cuisine Cooking Demonstration with Lunch.** Join an interactive cooking demonstration to gain insight into the traditions of Catalan gastronomy, followed by lunch of the authentic, chef-prepared dishes.

Free Time: Explore Barcelona on your own.

Day 4 | Barcelona

ADA Continuing Education Seminar.

Enrichment: *Barcelona Today.*

Montjuïc Hill & the Waterfront. Drive up to Montjuïc hill to marvel at panoramic views

of the city and the Mediterranean Sea. Pass by the Christopher Columbus monument, a symbol of Barcelona; the World Trade Center, shaped like a ship; and the medieval, royal Drassanes shipyards. Continue down to the waterfront, a stunning fusion of palm-lined promenades, golden beaches, super-yachts and quintessential Mediterranean charm.

Have lunch together at a local restaurant.

Free Time: Enjoy the rest of the afternoon and evening, including dinner, at leisure.

Day 5 | Barcelona

ADA Continuing Education Seminar.

Enrichment: *Catalan Modernism & Gaudí.*

Free Time: After the lecture, relish the morning at leisure and enjoy lunch on your own.

La Sagrada Família. Catalan architect Antoni Gaudí was one of the most influential figures of the Catalan modernist art nouveau movement, instrumental in defining Barcelona's majestic architectural landscape. Today, visit the iconic Basílica de la Sagrada Família, a masterpiece of architectural innovation and Gaudí's most monumental work. Marvel at the basilica's 18 towering spires and three starkly contrasting façades depicting the birth, death and glory of Christ. In the stunning interior, admire the tall, branching columns that evoke a forest canopy; the circular altar with a mosaic of Christ; the nave's soaring arches of delicate stonework; and the vibrant stained-glass windows, creating a stunning kaleidoscope of color and light.

Hospital de Sant Pau. Visit the extraordinary art nouveau campus of the former Hospital de Sant Pau. Built between 1901 and 1930, this



Hospital de Sant Pau

masterpiece of Catalan modernist architecture is regarded for its exquisite sensitivity to design and singular beauty, featuring vibrant mosaics, ornamental façades and lush, serene gardens. Return to the hotel and relish dinner together.

Day 6 | Barcelona

ADA Continuing Education Seminar.

Museu Picasso & El Born. Enjoy a private tour of the Picasso Museum, holding more than 4,200 of Pablo Picasso's paintings, drawings, sculptures and ceramics. Learn about the visionary's early artistic development and his deep connection with Barcelona. Continue to El Born for a guided walk of one of the city's most emblematic neighborhoods. Meander along this vibrant, eclectic cultural hub to the bourgeois Calle de Montcada, a once-noble street, to admire the 12th-century mansions now housing art museums and galleries.

Tapas Experience. While exploring El Born, join a fun lunch experience, stopping at three tapas bars to sample a variety of delectable

tapas small plates with Spanish wine, while learning about Barcelona's culinary traditions.

Free Time: The remainder of the day is yours to explore, including dinner on your own.

Day 7 | Barcelona

Palau de la Música Catalana. This morning, take an inside tour of this breathtaking world treasure of Catalan Modernism. Marvel at the sheer grandeur of the stunning, soaring ornate ceilings and columns, massive organ and spectacular skylight portraying the sun.

Free Time: Venture out to explore at leisure, including lunch, before rejoining the group.

Parc Güell. Delight in a guided visit to Gaudí's playful and surreal Parc Güell, a blend of art, nature and architecture. Stroll along winding pathways, past undulating walls and railings and over stone bridges, admiring the fluidity and harmony. Marvel at Gaudí's imaginative structures and use of the trencadís technique





of broken ceramic tiles. Be awed by the grand Hypostyle Hall, with its 86 tree trunk columns, the El Drac sculpture and fountain, and the 360-foot curved serpentine bench, adorned with an intricate pattern of whimsical, colorful mosaic tiles, in the Nature Square. Enjoy dinner together at a local restaurant.

Day 8 | Barcelona

🗺️ Elective | Montserrat & the Penedès Wine Region. Travel to the monastery at Montserrat to admire the stunning views from atop the mountainside and visit the basilica to see the Black Madonna statue. Continue to Penedès, Catalonia's premier wine region, known for its famous Cava sparkling wine. Savor lunch and a wine tasting here, then return to Barcelona.

Free Time: You may opt out of the Elective Activity and spend the entire day at leisure! Celebrate your amazing Barcelona adventure at this evening's Farewell Reception.

Day 9 | Return to home city

After breakfast, check out of the hotel. Transfer to the airport for the return flight ✈️ to your gateway city.

Note: Itinerary may change due to local conditions.

✈️ Flights and 🔄 transfers included for AHI FlexAir participants.

🗺️ Elective experiences available at an additional cost.

Activity Level

We have designated activity levels for all excursions on this program. For more details, please call or visit our website.

Excursions on this itinerary require:

- walking on cobblestones, unpaved paths and/or uneven surfaces
- getting on/off motor coaches

Included Features



Accommodations (with baggage handling)

- **7 nights** in Barcelona, Spain, at the first-class Renaissance Barcelona Hotel.

Transfers (with baggage handling)

- All deluxe motor coach transfers in the Land Program.

Extensive Meal Program

- 7 breakfasts, 3 lunches and 2 dinners; including tea or coffee with all meals, plus wine with dinner.

Your One-of-a-Kind Journey

- **Small group:** Sized just right at 28 guests.
- **Enrichment by expert speakers** enhances your insight into the region.
- **Engaging excursions** showcase the local culture, heritage and history.
- 🗺️ **Electives** and free time to pursue your individual interests.
- 🌱 **AHI Sustainability Promise:** We strive to make a positive impact wherever we travel.
- 🌐 **AHI Connects:** Local immersion.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.

Christopher Columbus Monument





Barcelona Cathedral



Bishop's Bridge, Gothic Quarter

2026 | Departure Details

Program Dates

Travel dates✈	October 29 – November 6, 2026
✈ Travel dates include any overnights required for international travel. These dates may vary depending on air schedules.	
Tour dates*	October 30 – November 6, 2026
* Tour dates begin on the scheduled arrival date at your destination and end on the scheduled departure date from your destination.	

Land Program

Full Price	\$4,745
Special Savings	\$750
Special Savings Price*	\$3,995
*This Special Savings Price includes our \$250 Early Booking and \$500 Pay-in-Full discounts and is valid if you book by the date on the address panel and pay in full at booking.	
Deposit amount is \$750 per person.	
Final Payment is due at least 120 days prior to departure.	
Price includes applicable program taxes (such as VAT and port charges).	
All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).	
Special offers, promotions and discounts cannot be combined.	
Single accommodations are an additional \$1,495 (limited availability).	
Please note: Program-specific terms and conditions are available at https://adace.ahitravel.com/destinations/1941A?schooldId=722 .	

AHI FlexAir

Let us arrange your flights

Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- **price guarantee** to protect you from fuel surcharge increases after ticket purchase
- arrival and departure **transfers** on group dates
- **flexibility** to change or cancel your reservation before departure on most flights (Fees may apply.)
- **assistance** in the event of schedule changes or delays

AHI Travel Expertise

Travel Consultants assist with the reservation process.

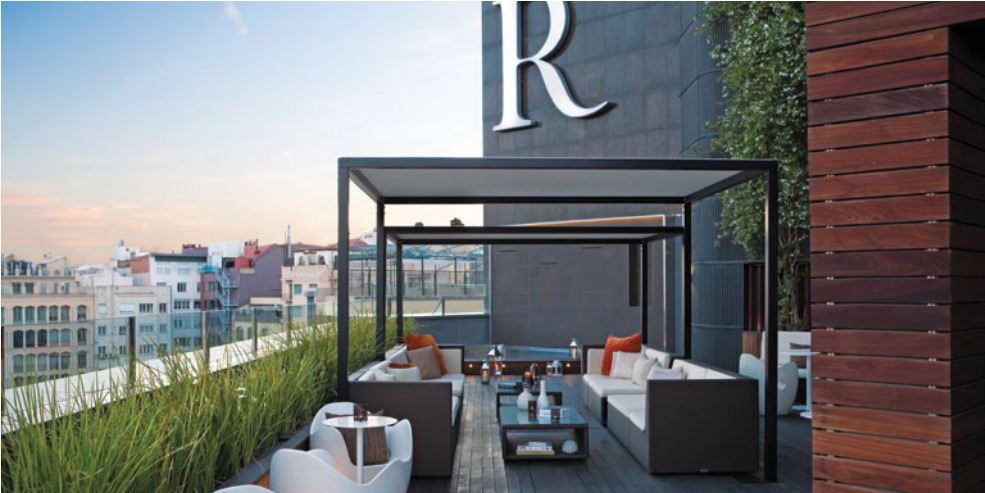
Travel & Air Coordinators offer their personalized assistance with flights, electives and special requests.

Travel Information provides pre-departure details and enrichment about your destination.

Your Travel Director, a seasoned, multilingual professional, manages daily logistics so you enjoy a seamless experience.

Handpicked Expert Guides and Knowledgeable Lecturers deepen your appreciation for the region and its history, culture and current events.

Accommodations



Renaissance Barcelona Hotel | Barcelona



Ideally situated near the prestigious Passeig de Gràcia avenue in the centrally located Eixample neighborhood, the Renaissance Barcelona Hotel is just a short walk to the heart of the city. The stylish and modern hotel offers a blend of contemporary design and Catalan charm, with newly renovated rooms and upscale amenities. Other features include the Goja Rooftop terrace — with a bar, plunge pool and city views — and the Mayan Luxury Spa.



Interior of the Palau de la Música Catalana

Book your journey today!

800-323-7373

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ADA® Continuing Education

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Discover Barcelona's magnificent architecture and culture!

Committed to connecting travelers
to the people, places and cultures
of the world for more than 62 years.



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information, discounts
and pricing.**

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